



WELL-BEING RADAR – BROCHURE FOR EMPLOYEES

The aim of the Mehiläinen Well-being Radar is to help you maintain your health and work ability. It helps your occupational health care service provider to identify factors that may weaken your health and work ability at an early stage and to provide targeted support to promote your well-being.

The Well-being Radar is only used by the occupational health care professionals, and it does not provide the employer with any data.

How does the Well-being Radar work and for what purpose is your data processed?

The occupational health service provided by your employer includes Mehiläinen's Well-being Radar. Its aim is to help you maintain your health and work ability by predicting the possible needs for work ability support and helping you think of solutions to promote your own work ability and health.

The Well-being Radar is an algorithmic prediction model that assesses the probability of the need for work ability support measures based on the information recorded during occupational health visits where the tool is used. If the Well-being Radar identifies a possible need for work ability support, it sends you an occupational health and well-being questionnaire in the OmaMehiläinen service. The questionnaire covers, for example, your health, sleep, coping, resources and occupational well-being, and it helps you to consider your own work and functional capacity. The questionnaire is filled in in the OmaMehiläinen service.

What are the advantages of the Well-being Radar?

Taking the occupational health questionnaire sent to you by the Well-being Radar is easy and fast. Even if you do not feel that your situation is challenging at the moment, you will receive feedback on the questionnaire and have the option to share your wishes with the occupational health care service provider. The answers and feedback you provide in the questionnaire will be stored in your Mehiläinen patient record and will be visible in OmaMehiläinen, where you can view them later.

Once you have taken the questionnaire, your occupational health nurse will be notified of your response and contact you. If necessary, you and your occupational health nurse can discuss matters affecting your health and work ability, the possible need for examinations and treatment, and the means of promoting health and work ability that are suitable for you. At the same time, the occupational health nurse can make a suitable follow-up plan for your goals and resources and agree with you on the support for its implementation, if necessary.

Personal data processed by the Well-being Radar

The Well-being Radar processes structured personal and patient data generated in Mehiläinen's occupational health care services. The data used are, for example, number of appointments, sickness-related absence data, medication data, selected test and examination results (cholesterol, sugar, blood pressure, body mass index) and data collected during health examinations. The structured data are data stored in the patient information system in a structured form, such as the level of blood pressure or the corresponding numerical value.

The Well-being Radar does not process any data generated in private transactions or data related to the use of the OmaMehiläinen service.

Your privacy and rights

Issues related to your health are confidential and you can influence whether the analyses provided by the Well-being Radar are brought to the attention of the attending occupational health team. The Well-being Radar is used only by Mehiläinen's occupational health professionals and no personal or health data is passed on to your employer or other third parties.

The processing of data takes place in Well-being Radar in an automated manner. Only when you respond to the Voitko hyvin (Are you feeling well?) questionnaire sent by the Well-being Radar will your nurse be informed that you have completed the Well-being Radar questionnaire and the answers you provided in the questionnaire will be stored in your patient record. If you do not take the questionnaire, information about the analysis of the Well-being Radar is not stored in your patient record at all and is not passed on to occupational health professionals. This way, you can decide for yourself each time whether you want the analysis of the Well-being Radar to be utilised in your treatment.

Possible treatment decisions are not made on the basis of the Well-being Radar or analytics, but an occupational health professional always prepares a treatment plan on the basis of the information provided in the Voitko hyvin (Are you feeling well?) questionnaire and the discussion with you based on it, in agreement with you.

If you wish, you can prohibit or re-enable the use of your data in the Well-being Radar in the OmaMehiläinen service at any time. If you do not use the OmaMehiläinen service, you can report the prohibition to your occupational health nurse. The prohibition prevents the use of Well-being Radar for you, but does not affect other occupational health services.

Additional information

Your occupational health nurse will provide you with more detailed information about the Well-being Radar and the processing of your personal data. We are happy to answer your questions if you have any concerns.

More information about the processing of personal data at Mehiläinen can also be found at: <https://www.mehilainen.fi/en/patient-and-customer-registers>